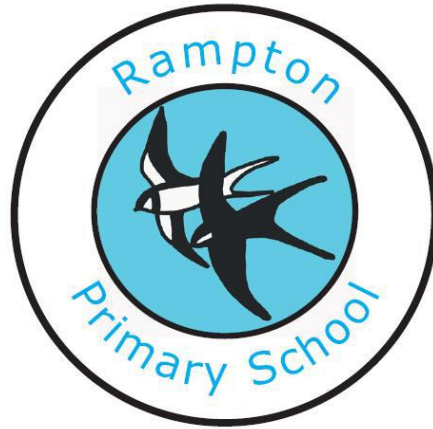




PSHE and RSE Policy

2025 - 2026

Our Vision

Rampton Primary School aims develop the whole child. Our priority is to create conditions to enable every child to stimulate their natural curiosity and apply their creative thinking. Our curriculum has been designed to empower all our pupils to have curious minds and become active, confident, independent learners, giving each child 'the opportunity to think' rather than telling them 'what to think.' We embrace and celebrate every child's uniqueness, continually providing opportunities to develop their resilience, knowledge and skills, thus providing them with the cultural capital necessary to live a happy, healthy, truly fulfilling life.

We aim to empower children to develop individual talents by:

- Personalising the curriculum to provide learning opportunities for everyone.
- Encouraging independent learning.

We aim to provide an enriched learning experience by:

- Offering hands on learning experiences to enthuse and engage.
- Providing projects with a broad, challenging and creative skills-based curriculum.
- Creating a stimulating learning environment with high quality resources.

We aim to inspire our pupils for the future by:

- Enabling children to learn and develop life skills.
- Providing opportunities for the involvement of the outside community.

Introduction

Our aim is to provide a curriculum that is broadly based, balanced, and meets the needs of all our pupils. Our PSHE curriculum promotes the spiritual, moral, cultural, mental, and physical development of pupils at the school and of society, and prepares pupils for the opportunities, responsibilities, and experiences of later life.

In line with the Department for Education's statutory guidance on Relationships Education (primary), Relationships and Sex Education (secondary), and Health Education (2020, revised 2025), all schools are required to make provision for high-quality PSHE education. This guidance emphasizes age-appropriate teaching on topics such as mental health, online safety, healthy relationships, consent, and well-being. PSHE remains an essential part of pupils' education, helping them develop the knowledge, skills, and attributes necessary to thrive personally, socially, and academically. Our curriculum draws on good practice and ensures that all pupils are supported in their personal development and prepared for life beyond school.

At Rampton Primary School, PSHE lessons are taught across the school by Class Teachers. Teachers use Twinkl to plan and prepare PSHE lessons. Our curriculum is based around having a 'growth mindset' and lessons and assemblies help to promote positive behaviour, mental health, wellbeing, resilience and achievement.

Relationships and Sex Education

The Sex Education Forum define Relationships and Sex Education (RSE) as learning about the emotional, social and physical aspects of growing up, relationships, sex, human sexuality and sexual health. Effective RSE should equip children and young people with the information, skills and positive values to establish and maintain relationships, to make responsible and informed decisions about their health and well-being.

In Upper KS2, we place a particular emphasis on RSE, as many children experience puberty at this age. We teach the children about the parts of the body and how they work. We also explain what will happen to their bodies during puberty. We encourage the children to ask for help if they need it and there are opportunities for single sex question sessions. Teachers do their best to answer all questions with sensitivity and care. By the end of Key Stage 2, we ensure that both boys and girls know how babies are born, how their bodies change during puberty, what menstruation is, and how it affects women. We always teach these with due regard for the emotional development of the children (as stated earlier in this policy).

Parental Rights

In accordance with the Children and Social Work Act 2017, Relationships Education is statutory in primary schools, and **parents do not have the right to withdraw** their children from this aspect of the curriculum. However, parents may request to withdraw their children from non-statutory sex education that is not part of the National Curriculum for Science. We invite parents/carers to discuss any concerns with the Head Teacher or RSE Coordinator to understand the curriculum content and address any specific concerns.

Confidentiality and Child Protection Issues

As a general rule a child's confidentiality is maintained by the teacher or member of staff concerned. If this person believes that the child is at risk or in danger:

- She/he talks to the Designated Safeguarding Lead who takes action as laid down in the Safeguarding Policy.
- All staff members are familiar with the policy and know the identity of the member of staff with responsibility for Safeguarding issues. The child concerned will be informed that confidentiality is being breached and reasons why.
- The child will be supported by the teacher throughout the process.
- Teachers need to be aware that sometimes disclosures may be made during these sessions; in which case, safeguarding procedures must be followed immediately.
- Sometimes it is clear that certain children may need time to talk one-to-one after the circle closes. It is important to allow the time and appropriate staffing for this to happen.

DISSEMINATION OF THE POLICY

The policy will be available on the staff drive, for all members of staff.

Copies will be available for parents to download from the school website.

PROCEDURES FOR MONITORING AND EVALUATION

The head teacher, school governors, senior leaders and curriculum leaders will monitor the policy.

Headteacher's signature _____

RSE/PSHE Lead _____

Chair of Governors signature _____

Date _____

Review date – September 2026